# Hand Washing

Wash your hands often

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Be PROACTIVE
Frequently washing our hands with soap and running water for at least 20 seconds is both a religious duty and in obedience to our government. By keeping our hands clean, we will stop the spread of this pandemic.

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Qur’an VERSE

Truly, Allah loves those who turn unto Him in repentance and loves those who purify themselves.

_Qur’an 2:222_